

# Program Planning Form

**Date:** Tuesdays    **Monthly Goal (Theme):** Weekly program    **RA Name(s):** Molly Presler

**Target Audience** (select one):

\_\_\_\_\_ Household

X Whole Building

\_\_\_\_\_ Whole Floor

\_\_\_\_\_ Joint Program with another hall

Which hall? \_\_\_\_\_

Who are you working with? \_\_\_\_\_

**Attendance goal:** \_\_10\_\_

**Of your Target Audience, identify the current needs of your residents:**

Spring semester is often a really hard time for people, because it's dark and cold and people tend to be pretty stressed out.

It's a tough time for mental health for everyone, generally.

Homesickness gets worse, often – people need some stability and home.

**Type of program** (select all that apply):

Community/ Social development

\_\_\_\_\_ Academic development

Spiritual development

\_\_\_\_\_ Professional development

**Can this program involve collaboration with faculty/ staff/ other campus organization?**

\_\_\_\_\_ Yes

No *If yes, please specify who you are collaborating with:*

**Publicity** (Circle which form of publicity you will use and write the date below)

Personal Invitation

Knocking on Doors

Postcard

Poster

Email

Bulletin Board

Date: ALWAYS

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Anticipated Expenses: \$30 How will the money be spent?** Supplies: embroidery, knitting, snacks, baking supplies, bubbles, flowers, decaf/regular coffee, play dough, etc.

*Is the blue/gray slip attached?* No, because these are just kind of ideas right now

**Items Needed: The furniture in the fishbowl/lounge, kettle, kitchen sometimes, art supplies, hot cocoa/tea, play dough, nail painting things, (speaker, blankets and pillows – I'll probably use mine of these things)**

**Name of Program:** Hygge//Little Joys

**Program Description:** *What is the objective of the program and how does the objective connect to the monthly goal? Explain how this program will fulfil the needs of your current residents.*

I want to continue the hygge/homey thing that I had going last semester, but I know that if I'm moving to Tuesdays, I'm going to need to step up my game a little bit – for myself and for the residents. Spring semester has been really hard for me historically, and I know that

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it is for other people, too, so I really like the idea of bringing residents – and myself – little joys: small things like play dough and painting nails and embroidering. These are the kinds of things that are easy and quick and could brighten people's Tuesday nights. I also want to start my duty night program every night by praying a chaplet, I think.

**Date of Program: Tuesdays   Time of Program: 8-10   Proposed Location: Fishbowl**

**Set up time: 10 minutes, tops** *Will you need additional RAs?* **Yes No** *Number of RAs Needed:* \_\_\_\_\_

RA Signature(s): \_\_\_\_\_

**Approval:**    \_\_\_\_\_ **Program Approved as above**    **RD Signature** \_\_\_\_\_